

Build knowledge.  
Increase your impact.  
**ACHIEVE EXCELLENCE.**

EARLY LEARNING EDUCATORS

# SKILLS BOOSTER PROGRAM

Professional Development  
Training Courses for  
Centre Directors,  
Professionals and  
Educators in the  
Early Learning Sector.



Registered NDIS Provider

CONTACT US FOR MORE DETAILS

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Visit [thehealthhub.org.au](http://thehealthhub.org.au)



Knowledge leads to confidence and competence. **Give your staff the knowledge** they need to make a focused impact in the lives of children and families.

The Health Hub's team of Psychologists, Speech Pathologists, Occupational Therapists, Physiotherapists and Early Learning Intervention Educators have been providing services for children, adults and their families for more than 20 years.

**Our team offers Early Learning Centres an array of supports through skill boosting workshops and professional development including:**

- Coaching, Mentoring and Training
- One-on-One Support
- Sensory Inclusive Environments
- Executive Functioning Skills
- Parent Support Programs

**Talk to our team to find out more.**







# Partnering with your staff and your families to **navigate the NDIS.**



## **The NDIS can be confusing and difficult to navigate.**

Our team at The Health Hub provides support to your staff and your families to access the NDIS for their children with disabilities and answer any questions that they may have.

As a Registered NDIS Provider and with more than 20 years experience in specialist service delivery, our team works alongside your staff to support families in accessing the right services for their children.

We take care of the appropriate diagnostic paperwork and application forms throughout the NDIS application process to **ensure the appropriate level of funding is considered by the NDIS.**

**We work as an extension of your team to offer therapy support and other specialist services outlined in this booklet.**



# Innovative Solutions:

## Training and mentoring from health industry experts.

Our team works with the Directors and Leaders of Early Learning Centres to identify barriers to the inclusion and development needs of children.

We work to remove barriers and develop tailored, innovative training packages **unique to each centre**, to capacity build educators and centre staff.

We provide the solutions.

### The Innovative Development Fund for Innovative Solutions.

The Innovative Solutions Support assists eligible services to fund innovative and flexible solutions to inclusion, where a barrier has been identified and it cannot be addressed by the support provided by its Inclusion Agency (IA), or through other IDF funding streams. Eligible services can work collaboratively with their IA to identify barriers and propose innovative solutions to inclusion to meet the specific needs of the service.

Centres may be eligible for the Innovative Solutions Support Funding (Inclusion Fund Manager) offered from KU. An application for the IDF Innovative Solutions Support may relate to a particular care environment where the inclusion barrier is presented, or in the context of the whole service.

For more information visit [idfm.org.au/innovative-solutions](http://idfm.org.au/innovative-solutions)

# Access individualised support and **one-on-one therapy.**

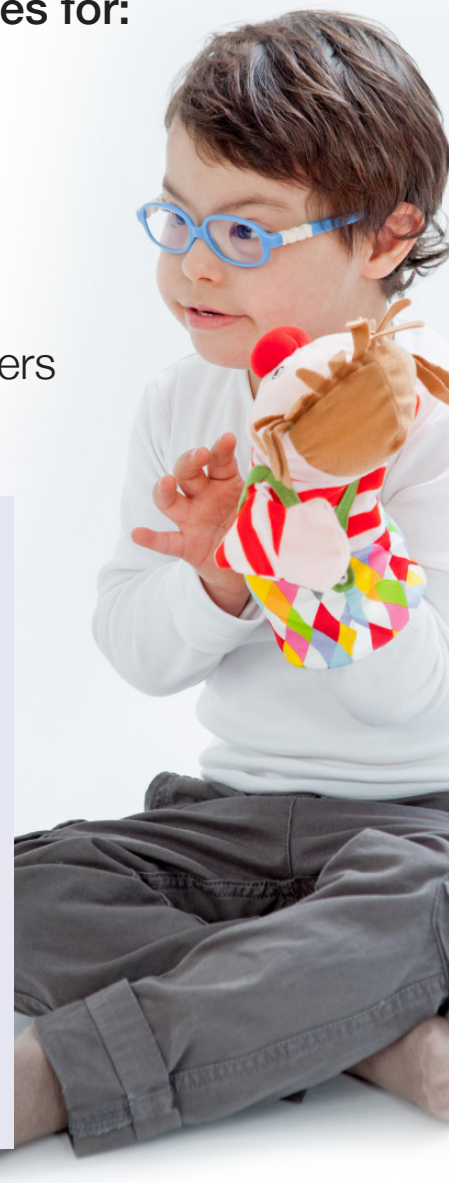
We are able to work with parents, educators and children to assess the **underlying reasons for childrens' behaviours** and provide specific strategies to reduce problematic behaviours.

## **We offer assessment and intervention techniques for:**

- School Readiness
- Language and Communication
- Social and Emotional Learning
- Fine and Gross Motor Skills Development
- Autism, ADHD and Sensory Processing Disorders
- Inclusion and Modified enrollments

### **Our team of Specialist Early Learning Intervention Educators, Child Psychologists, Occupational Therapist, Speech Pathologists and Physiotherapists work with:**

- Children with disability including those undergoing assessment for disability
- Aboriginal and Torres Strait Islander children
- Children from culturally and linguistically diverse (CALD) backgrounds
- Children from a refugee or humanitarian background
- Children with serious medical condition/s
- Children presenting with language and speech delays
- Children presenting with disruptive behaviour





for children  
to thrive.

It is important to remember that each individual has a **different sensory profile**.

### This includes:

- Recommendations for classroom modifications
- Resource suggestions and development
- Physical design and layout recommendations
- Placespace ideas for outdoor and indoor ideas

Our **‘Think Tank Sessions’** allow us an opportunity to share with you innovative and exciting ideas that target inclusion, staff and children’s wellbeing and accelerated learning opportunities.

We have also developed Engine Rooms with schools to support the development of emotion regulation, sensory processing, fine and gross motor skills, coordination, balance, and executive functioning skills.

# Executive Functioning Skills develop between the ages of 3-5yrs.

There are windows of opportunity when a child's brain is open for new learning and will soak up information faster. This window is between 3-5 years of age. Becoming a successful adult can depend on the experiences gained during these years.

**Developing cognitive skills that build Executive Functions at this time is important. This can be achieved through fun activities that promote:**

- Focus
- Planning
- Cognitive Flexibility
- Working Memory
- Time Management
- Emotion Regulation



The more you practise, the stronger the neural connections are in the brain, and the better your Executive Functions become.

The Health Hub offers a tailored Executive Functioning Program specifically designed for your centre. It builds on your current equipment, staff capabilities and environment.

Offering this program will set your Centre apart. You will be further developing the brains of the next generation, and providing them with the **essential skills to thrive in their future endeavours.**

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**All Your Wellness Needs.**

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